

Nancy Lewis Instructor Handout

1. Introduction to Palette & Value

Meet your instructor, fine artist and author Nancy Lewis. You'll start with a careful introduction to basic oil palettes, learning about the properties and colors of paint, various mediums and brushes. You will learn how to blend or not to blend creating value studies. Next, you'll start your first study as you block in the basic forms using your new knowledge of brush strokes and values. Tints, Shades & Tones.

2. Values to Colors

Transition from values into a world of color as you learn to break down the differences among tints, shades and tones. Experiment with the colors in your palette, mixing your hues with black, white and gray as you familiarize yourself with the range that you can achieve with each color. Nancy demonstrates how to create gradient references that will help you re-create the exact colors that you want.

3. Creating a Monochromatic Painting

Put your budding skills into practice as you paint alongside Nancy to create a monochromatic still life. You'll put down a wash, rub out the major values and set to work blocking in basic colors as you establish the value relationships in your work. Nancy shares valuable tips for mapping out areas of light and shadow, developing forms, and adding a background to your still life.

4. Basic Color Theory With Mixing

Continue your studies of form, light and shadow while incorporating the simplified colors of the classical palette onto your canvas. Nancy guides you through the relationships among primary, secondary, tertiary and complementary colors to help you start mixing and applying various hues.

5. Practical Application of Color Theory

Using your monochromatic studies from previous lessons as starting

points, you'll apply a new understanding of color theory to your still life. Nancy shows you how to juxtapose colors and values to create stronger context and relationships between your forms, demonstrating valuable techniques for creating transitions and dimension along the way.

6. Expanding the Color Palette

Expand your palette with the addition of more saturated colors, including vibrant blue, red and yellow hues. Nancy shows you how to introduce these into your still life with the consideration of color relationships and the effect that they will create in your painting. Next, you'll make a series of sample gradients on your canvas as you practice mixing colors and creating the exact tints, tones and shades that you desire.

7. Applying the Saturated Palette

Apply the saturated palette that you developed in Lesson 6 to your still life as Nancy shows you how to balance more vivid tones with understated ones. You'll also practice mixing and applying brown and neutral tones that you can use to depict transitions and backgrounds with artful mastery. You'll be amazed by the transition that will take place as your still life begins to come to life on the canvas.

8. Glazing Techniques

Nancy wraps up the class with a thorough exploration of glazes, starting with a definition of glazing and demonstrations of how to apply it to your work. You'll learn how to test drive various hues to determine the effect they will have over your dried paints, weighing the vibrancy and transparency of each aesthetic as you work. After you select your glaze, Nancy shows you how to apply it and add the final touches to your painting.

Supply List

- Pastels: A combination of hard and soft pastels including White, Black, Blue, Greens, Rose Red, Yellows, Oranges, Yellow Ochre, Raw Umber, Burnt Sienna and grays.
- Pastel surfaces – Uart 400 grade is highly recommend but other sanded surfaces would also work.
- Board to tape paintings on.
- Clear Bags to store pastel paper and paintings in.
- Masking Tape
- Brushes: synthetic watercolor brush round #8

Rounds and 1/2" flat

- Denatured Alcohol
- Liquid Container to hold Alcohol
- Watercolors and Palette
- Paper towels
- Plastic Bags for garbage
- Box for carrying your palette and painting.
- Pizza box to carry your paintings
- Pencil, Eraser & Ruler
- Sketchbook for notes and sketches
- Chair
- Outdoor easel or portable painting table.
- Hat
- Sunscreen
- Water for drinking
- Bug spray
- Lunch and Snacks
- Optional: Umbrella